

**Key**  
= **OXER**

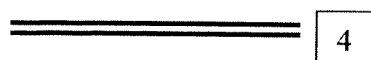
= Vertical using poles on one set of standards

= An cross-rail vertical

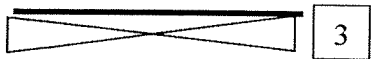
= Pole on the ground (not a ground-line)

### Simple Trot Grid

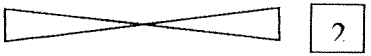
- A pole on the ground (1) cross-rail (2) cross-rail
- (3) oxe – using a cross-rail between the front standards, with a back rail on the second set of standards that is set higher than the middle of the cross-rail)
- (4) oxe – ascending oxe with 2-3 rails on the front set of standards and one rail on the back set of standards that is set one hole higher than the top front rail.



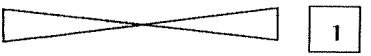
21 feet



18 feet



10 – 12 feet



9 feet

1. Start in trot with just the pole and the just a pole on the ground between the standards at (1).
2. Then trot over the pole to the first cross-rail (1). Repeat each step several times, until the horse has confidence.
3. Trot the pole to the first cross-rail (1) and bounce to the second cross-rail (2). Repeat each step several times, until the horse has confidence over these 2 jumps.
4. Trot the pole to the first cross-rail (1) and bounce to the second cross-rail (2), one stride to the cross-rail oxe (3). Repeat each step several times, until the horse has confidence over these three jumps and the striding.
5. Trot the pole to the first cross-rail (1) and bounce to the second cross-rail (2), one stride to the cross-rail oxe (3), one stride to an ascending oxe (4). Repeat each step several times, until the horse has confidence over these four jumps and the striding..
6. Gradually add each new jump as the horse gains confidence.
7. Gradually increase the height of each jump as the horse gains confidence.
8. Practicing over small fences will help you and the horse to learn the striding with confidence and if you make a mistake the height of the fence does not effect their confidence.
9. The distances are fairly short to make the horse quicker with his front end and rounder in his jumps.
10. Get the horse to establish a rhythm, then approach the fence within that rhythm.
11. Do not change the pace, sit still and wait for the jump to come to you.