

SAMPLE LESSON PLAN FORMAT: MOUNTED

TOPIC:

TIME:

INSTRUCTORS' NAME:

INSTRUCTORS' RATING:

STUDENT NAMES, AGE, RATING:

EQUIPMENT:

ASSISTANCE NEEDED:

REFERENCES:

NEW VOCABULARY:

1. INTRODUCTION (see Instructor Handbook)
2. SAFETY CHECK (see Instructor Handbook)
3. REVIEW PAST LESSON; CORRECT ERRORS
4. EXPLAIN NEW TOPIC:
 - a. Why
 - b. The importance
 - c. Why different

5. DEMONSTRATE NEW TOPIC:
6. TRY NEW SKILLS:
7. CORRECTIONS, ONLY OF DANGEROUS PRACTICES;
8. DISCUSSION
9. REVIEW: DISCUSS TECHNIQUE, PRAISE
10. QUESTIONS: ASK AND ANSWER