

RATING PREPARATION HANDOUT

This handout is to help you, the candidate, to organize your thoughts before your next rating, help you plan out the next month(s) or year(s), and to help the regional instructional staff to coordinate instruction and activities tailored to the needs of the regional candidates.

Please take the time to answer these questions (on separate paper). Keep one copy for yourself and please send one copy to your RIC: **Liz Tukey, 3126 Larkspur Drive, Colorado Springs, CO 80907 L2key@att.net**

For the questions pertaining to individual goals or evaluation, there is no right or wrong answer. All information will be kept confidential between the regional instructional staff.

Name: _____	Current rating: _____
Pony Club Name: _____	Region: _____
Horse's Name: _____	Age: _____
Horse's Breed: _____	
Horse's experience level:	<u>Schooling</u> <u>Competing</u>
Dressage: _____	_____
Eventing: _____	_____
Show Jumping: _____	_____

Questions:

1. What are your long-term goals for Pony Club?
2. What are your long-term goals for your equestrian riding?
3. What are your short-term goals for Pony Club this year?
4. Is your current horse able to obtain your goals with you?
5. What are your goals for Pony Club next year?
6. Will you need assistance in locating an appropriate horse for your Pony Club ratings / goals?

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7. What are your competition goals for you and/or your horse for the next few years?

Goal	Timetable	Plan	Needs / Assistance To obtain goal
1.			
2., etc.			

8. How often are you teaching? What ratings are you teaching? How often are you teaching?

MTD lesson or HM lesson?	Subject taught	# of times taught	Rating level taught

9. What do you need to assist you in your teaching?

The following questions are designed to help you to think out answers to questions that are usually asked at most prep clinics, lessons, and testing situations.

10. What are the reasons for warm-up for dressage? (rider and horse)

11. What are your goals for your Dressage warm-up? (rider and horse)

12. How do you achieve your Dressage warm-up goals? (rider and horse)

13. How do you know if you have obtained your goals? (rider and horse)

Goal (for ride)	Exercises (to help achieve goal)	Evaluation (did it work?)
1.		
2., etc.		

14. How do you know if you have your dressage length stirrups adjusted correctly?

15. How is your warm-up different from your work phase of your ride? (rider and horse)

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16. What are some of your goals for the work phase of your dressage this year? (rider and horse)
17. What are you trying to achieve with those dressage goals? (rider and horse)
18. How will you go about achieving those dressage goals? (rider and horse)
19. Why do we raise our stirrups for jumping?
20. How much do you raise your stirrups for show jumping? For cross-country?
21. What are the reasons for warm-up for jumping? (Jumping = Stadium & X-C) (rider and horse)
22. What are your goals for your jumping warm-up? (Jumping = Stadium & X-C) (rider and horse)
23. How is your warm-up for dressage similar or different from your warm-up for jumping?
24. How do you achieve your jumping warm-up goals? (rider and horse)
25. How do you know if you have obtained your goals? (rider and horse)
26. What are some of your goals for the work phase of your jumping this year? (rider and horse)
27. What are you trying to achieve with those jumping goals? (rider and horse)
28. How will you go about achieving those jumping goals? (rider and horse)
29. How often do you document your rides or track your progress?
(This question is really to get you thinking – be honest – you know how often you do this)
30. What areas do you find are your strengths? What areas do you find are your weaknesses?

Strengths:	Weaknesses:
1.	
2., etc.	

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31. What assistance do you need from the region this year? Next year?

32. What instructors / clinicians do you prefer working with?

Clinician: _____ Discipline: _____

33. What instructors / clinicians would you like to work with in the future?

Clinician: _____ Discipline: _____

34. What facilities do you like working at for preps and/or clinics?

Facility: _____ Discipline: _____

35. What subjects would you like covered at preps / clinics in the future?

36. Anything else that you would like the region's instructional staff know to help you obtain your goals?